

# CONSENT

Consent is based on **CHOICE**.

Consent is **ACTIVE**, not passive.

Consent is possible only when there is **EQUAL POWER**.

Consent means two or more people **DECIDING TOGETHER**

to do the same thing,

at the same time,

in the same way,

with each other.

Giving in because of **FEAR IS NOT CONSENT**.

Going along with something because of fear is not consent.

Going along with something because of wanting to fit in with the group is not consent.

Giving in to gain approval or to avoid being hurt is not consent.

Being **UNABLE TO MAKE A DECISION BECAUSE OF ALCOHOL, drugs, or medication IS NOT CONSENT**.

Being unsure is not consent.

If you are unwilling to accept a “no,” then “yes” has no meaning. If you cannot say “no” comfortably then “yes” has no meaning.

# ACTIVE BYSTANDER

Individuals who

## **DO SOMETHING**

to decrease the likelihood that something bad will occur or get worse.

## 3 WAYS TO INTERVENE:

### **DIRECT**

Approach the situation and find out what is going on.

### **DISTRACT**

Interrupt the situation without directly confronting what's going on.

### **DELEGATE**

Ask someone else to handle the situation.



**24 hour support line**

888-900-4232

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